

Risk Assessment Record Sheet:**INITIATIVE EXERCISES****Activity/situation:**

Initiative Exercises

Qualification of staff:

On-site assessed

Qualification of assistant:

Competent adult (if applicable)

General Associated Hazards:	Associated Risks:	Who is at Risk:	Existing Control Measures:	Responsibility:
Clients health unsuitable for activity	Asthma attacks, heart attacks, epilepsy etc.	All group members	Health check for participants	Group leader, Activity Leader and participants
Clients ability unsuitable for activity	Injuries or pulled muscles	All group members	Assess groups ability and adjust session accordingly	Group leader, Activity Leader and participants
Clients Behaviour unsuitable for activity	Injuries	All group members	See Health and Safety Policy - Client Behaviour	Group leader, Activity Leader and participants
Weather	High winds, Lightening, hypothermia, heatstroke etc.	All group members and instructor	Prior weather conditions noted and relative action taken, encourage sensible clothing to be worn too	Group leader, Activity Leader and participants
Injury to clients	Various, including, breaks, sprains, pulled muscles, cuts, bruises etc.	All group members	See Health and Safety Policy – On-site Emergency Procedures See Instructor File – Session and Procedure Standards in-house training	Senior Instructor and Activity Instructor
Equipment Failure	Risk of injury	All group members	Regular inspections to be carried out periodically and before each session	Health and Safety Manager, Senior Instructor and Activity Instructor.

Specific Associated Hazards:	Associated Risks:	Who is at Risk:	Existing Control Measures:	Responsibility:
Lakeside edges/ Liner/ Jetty	Slipping, Drowning, head injuries or minor injuries	All group members, Instructor and spectators	Roped boundary near main area, Posts with ropes around the lake to assist egress of swimmers. Life rings around lake, buoyancy aids worn at all times and a 1:8 ration depending on the nature of the group	Health and Safety Manager, Senior Instructor and Activity Instructor.
Uneven ground / trip or fall	Injury from trip or fall	All group members	Mention in safety talk	Group Leader and participants
Medical problems	Asthma, epilepsy, heart problems	All group members	Ensure all clients are carrying suitable medication and inhalers at all times, check clients medical forms for suitability to take part	Group leader, Activity Leader and participants
Equipment / incorrect use	Trapping fingers whilst using equipment such as planks etc.	All group members	Ensure associated dangers are mentioned in safety talk and monitor throughout, ensure all equipment is correctly set up and participants are briefed accordingly	Group leader, Activity Leader and participants
Jewellery	Injury to fingers/ ears	All group members	Ensure that all jewellery is removed prior to activities and associated dangers are mentioned in safety talk	Group leader, Activity Leader and participants

Date of Risk Assessment: 06/01/15**Name:** John Wareing