

Risk Assessment Record Sheet:**ABSEILING (TOWER)**

Activity/situation:	Abseiling (Outdoor Tower)
Qualification of staff:	On-site assessed or SPA
Qualification of assistant:	Competent adult (if applicable)

General Associated Hazards:	Associated Risks:	Who is at Risk:	Existing Control Measures:	Responsibility:
Clients health unsuitable for activity	Asthma attacks, heart attacks, epilepsy etc.	All group members	Health check for participants	Group leader, staff and participants
Clients ability unsuitable for activity	Injuries or pulled muscles	All group members	Assess groups ability and adjust session accordingly	Group leader, staff and participants
Clients Behaviour unsuitable for activity	Injuries	All group members	See Health and Safety Policy - Client Behaviour	Group leader, staff and participants
Equipment failure	Fatality	All group members	Regular equipment inspections	Health and Safety manager, senior instructor and activity instructor
Incorrect sizing of equipment	Injury, fatality	All group members	Assess group size and equip accordingly. Only clients with correctly sized equipment may participate	Activity instructor
Injury to clients	Various, inc breaks, sprains, bruises etc.	All group members	See Health and Safety Policy – On-site Emergency Procedures See Instructor File – Session and Procedure Standards in-house training	Senior instructor and activity instructor

Specific Associated Hazards:	Associated Risks:	Who is at Risk:	Existing Control Measures:	Responsibility:
Injury to clients from Structural elements, incl platform & staples	Head injuries, broken bones etc.	All group members, instructor	Instructor to warn clients during safety talk Regular inspections made.	Health and Safety manager, senior instructor and activity instructor
Falling	Fatality	Participant	Safety harness worn at all times whilst on the tower. Bottom rope system used at all times, Rope attached to climber at all times whilst on tower. No Dynamic moves.	Activity instructor
Catching fingers, hair, loose clothing in belay systems	Entrapment leading to a rescue and possible injury	Participant	Ensure associated dangers are mentioned in safety talk loose hair and clothing tied back / tucked in.	Activity instructor and participant
Falling Objects	Head injuries	All group members / spectators	Helmets worn at all times on and around the tower Clients to wait outside tower on bench until called up by instructor.	Activity instructor and participant
Tripping or walking into ground / belay anchors	Minor injuries and sprains	All group members / spectators	Instructor to warn clients during safety talk.	Activity instructor and participant
Jewellery	Minor injuries, finger / ear injury	Participant	Remove all jewellery.	Activity instructor and participant
Structural Failure	Fatality and other serious injuries	All group members, instructor, spectators	Annual inspection by Structural Engineer (Hang fast Rigging). Monthly inspection by Safety Manager daily inspection by session staff	Health and Safety manager
Weather e.g. high winds and Lightning	Impact injuries Fatality	All group members, instructor, spectators	Prior weather conditions noted and sensible clothing worn activity to be postponed in extreme weather conditions	Senior instructor and activity instructor
Injury to instructor from objects or falling	Causing injuries	Instructor	Ensure instructor is wearing helmet and attached to safety points at all times. Ascension device and rope to be regularly checked during high ropes inspection	Senior instructor and activity instructor

Date of Risk Assessment: 06/01/15**Name:** John Wareing